

"THE TOUGHEST 5K YOU'LL EVER LOVE"

Hartford Stewart's Spud Run

Sponsored by **Stewart's Shops®**

5 K AND 1 MILE FUN RUN
Saturday, October 9th, 2021
1 MILE - 9AM & 5k - 10AM

Featuring
 Spud Run
 Birthday
 Cakelets



- REGISTRATION:** Until 8:30 A.M.(1 Mile) & 9:00 A.M.(5K) at Hartford Central School, Routes 40 & 149, Hartford, N.Y. (15 Miles east of Glens Falls)
- ENTRY FEES:** \$15.00 Pre-Registration Fee 5k (\$20.00 Race Day)
NO FEE - One Mile Fun Run
- RACE INFORMATION:** Phone: Andrew Cook (518) 632-5931 or e-mail: acook@hartfordcsd.org
- COURSE:** 1 mile has one hill - 5k has rolling hills (one is BIG)
- RESULTS:** Posted & Published, No ties! Decisions of the Race Director are Final!
- T-SHIRTS:** Special Spud Run Shirts for all pre-registered 5k entrants
- FACILITIES:** Arrive dressed to run. Restrooms available. H²O at Start. NO SHOWERS
- FABULOUS REFRESHMENTS:** Including Phil's "Almost Famous Five-Alarm Chili"
- TO BENEFIT:** The Hartford Senior Class of 2022

AWARDS!
 At 11 AM

Male & Female

Overall Prizes
 10 LB Sack of Spuds
 1st Place
 5 LB - 2nd Place
 5 LB - 3rd Place

Ten Age Groups
 1st, 2nd and 3rd Places

No Duplicates



Detach Here

Spud Run 2021										Shirt Size														
LAST NAME										FIRST NAME										MI	SM	MED	LG	XL
ADDRESS										PHONE														
CITY										STATE/PROVINCE										ZIP/POSTAL CODE				
Age Groups																								
13 & Under	14-19	20-29	30-39	40-49	50-59	60-69	70-79	80 & over	Wheel Chair	1 mile	5K	AGE (Race Day)	Male	Female										
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>										

In consideration of the opportunity to participate in this race as a Runner, Walker or Volunteer, I hereby remiss release and forever discharge the sponsoring agents their members & any other persons staffing this race in any claims & demands as a result of participating in this event I also certify that I am in good physical shape. Further, I hereby grant full permission to any and all the foregoing to use any photographs, video tapes, motion pictures, recordings, or any other record o; this event for any legitimate purposes. I realize there are dangers associated with distance running. I hereby for myself, heirs, executors, or assigns waive & release any and all claims I may have against USAT&F, the above listed sponsors. Town of Hartford, Hartford Central School, its officers and any race official for any injury, illness or property loss which might occur to me while staffing,/competing in, traveling to, or returning from the events on October 9, 2021

Signature _____ Date _____

Signature of Parent (if under 18) _____

ENTRY	\$ _____
ADDITIONAL DONATION	\$ _____
AMOUNT ENCLOSED	\$ _____

Official Use Area
Date Rec. _____
Race # _____

MAKE CHECKS PAYABLE: Hartford Central School
 MAIL ENTRIES: Andrew Cook, Race Director
 Hartford Central School
 P.O. Box 79
 Hartford, NY 12838